



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Albert Lea Family YMCA Youth Football 2018

September 4th- October 18th.

This seven-week program will focus on skill development through a variety of age appropriate skill drills and team-building exercises which may include light scrimmaging and positive competition. Boys and girls will be divided into teams for practice and games. These teams can and will change from week to week. The goal is for each person's skills to improve and for all players to have fun. Teams will have equal amount of players and equal skill level. Tuesday September 4th will be the First day for all age groups due to Labor Day. Contact: yadirector@ymcaal.org 507-373-8228 for more information.

K-1st Grade one day a week (September 4th-October 15th)
Monday: 5:30pm-6:45pm practice and games
Members: **\$21.00** Non-Members: **\$36.00**

2nd-3rd Grade two days a week (September 4th-October 18th)
Tuesday: 5:30pm-6:45pm games
Thursday: 5:30pm-6:45pm practice
Members: **\$26.00** Non-Members: **\$41.00**

4th-5th Grade three days a week (September 4th-October 18th)
Monday: 5:30pm-6:45pm practice
Tuesday: 5:30pm-6:45pm practice
Thursday: 5:30pm-6:45pm games
Members: **\$31.00** Non-Members: **\$46.00**

Volunteer coaches are needed to make the youth football program successful.



"Albert Lea Area Schools is not sponsoring, endorsing, or recommending the activities announced in this flyer."