

Facility Age Guidelines



Where & Who	Facility Access	Gym	Pool	SMB Room	Downstairs Weight Room	Teen Room
Ages 0-7	With adult supervision or enrolled in program	With adult supervision or enrolled in program	Adult in pool or enrolled in program	No	No	With adult supervision or enrolled in program
Ages 8-9	With adult supervision or enrolled in program	With adult supervision or enrolled in program	Adult on pool deck or enrolled in program	No	No	With adult supervision or enrolled in program
Ages 10-12	If adult is in facility	If adult is in facility	Passed swim test and parent in facility	With direct adult supervision in arms reach	No	With adult supervision or enrolled in program
Ages 13-14	Yes	Yes	Yes	With direct adult supervision or 14 & trained	With direct TRAINER supervision in arms reach	Yes
Age 15	Yes	Yes	Yes	Yes	With direct TRAINER supervision in arms reach	Yes
Ages 16-17	Yes	Yes	Yes	Yes	Yes	Yes